

## **GOURMET SANDWICHES**

Served on your choice of fresh baked Bagel, Twist or Bread

**\$5.99\*** Value Meal **\$1.69** Extra

### **Classic Turkey**

Roast Turkey, lettuce, tomato & mayo

### **Kick-N Roast Beef**

Roast beef, horseradish sauce, lettuce & tomato

### **Holey Guacamole**

Roast Turkey, guacamole, green pepper, lettuce & tomato

### **Mediterranean Veg-Out**

Hummus or cream cheese, lettuce, tomato, cucumber, green pepper & red onion

### **BABS' Tuna Salad**

Our "homemade" tuna salad, lettuce & tomato

### **Build Your Own**

Includes choice of mayo, mustard, lettuce, red onion, tomato, and one of the following:

- Smoked Turkey
- Bacon
- Cheddar
- Swiss
- Roast Turkey
- Hard Salami
- Havarti
- American
- Baked Ham
- Roast beef
- Provolone

## **SPECIALTY SANDWICHES**

Served on your choice of fresh baked Bagel, Twist or Bread

**\$6.29\*** Value Meal **\$1.69** Extra

### **Turkey & Havarti**

Smoked turkey, havarti cheese, lettuce, tomato with a smear of onion & chive cream cheese

### **Chicken Club**

Grilled chicken breast, bacon, mayo, lettuce & tomato

### **Chicken Caesar**

Grilled chicken breast, Parmesan cheese, tomato, lettuce & our Caesar dressing

### **Turkey Club**

Roast Turkey, bacon, American cheese, mayo, lettuce & tomato

### **Grilled Chicken**

Grilled chicken breast, mayo, lettuce & tomato

### **Big Apple Club**

Ham, Roast Turkey, bacon, American cheese, mayo, lettuce & tomato

### **Roma Italian**

Ham, hard salami, Provolone, lettuce, tomato, red onion & vinaigrette dressing

## **TOASTED SANDWICHES**

Served on your choice of fresh baked Bagel, or Twist

**\$6.89\*** Value Meal **\$1.69** Extra

### **Deli-Style Turkey**

Sliced Roast Turkey breast, Swiss, Thousand Island dressing, lettuce & tomato

### **Café Chicken Melt**

Grilled chicken breast with ham, Swiss, honey mustard, lettuce & tomato

### **Spicy Italian**

Ham, hard salami, Provolone, pepperoncini peppers, red onion, lettuce, tomato & vinaigrette dressing

### **Roast Beef Parmigiana Grinder**

Thinly sliced roast beef with marinara sauce, roasted red peppers & Provolone

## **TRIPLE DECKERS**

Stacked high on your choice of toasted bread

**\$7.49\*** Value Meal **\$1.69** Extra

### **CALIFORNIA CLUB**

Smoked turkey, havarti cheese, guacamole, cucumber, lettuce, tomato & mayo

### **CLASSIC CLUB**

Roast turkey, bacon, cheddar, lettuce, tomato and mayo

### **THE CLUBHOUSE**

Baked ham & roast turkey, Swiss, lettuce, tomato & mayo

### **MANHATTAN CLUB**

Smoked turkey, baked ham with Swiss, coleslaw, Thousand Island Dressing

## **OVERSTUFFED SANDWICHES**

For an additional \$1.99 you can enjoy any of our Gourmet or Specialty Sandwiches with double the meat, thinly sliced, piled high on your choice of bakery bread, bagel or twist.

## **VALUE MEAL**

Includes Regular Soft Drink & your choice of Fruit, Chips, Coleslaw or (3) Mini Muffins

## **SIGNATURE SALADS**

Hand Tossed or Ready-To-Go

**\$6.79\***

### **Calypso Grilled Chicken**

Grilled chicken breast, mixed greens, Mandarin oranges, walnuts, onion and tomato. Dressed with our House balsamic vinaigrette

### **Grilled Chicken Club**

Crisp greens, grilled chicken breast, crumbled bacon, onions, tomatoes, cucumbers & Provolone cheese. All tossed in our House ranch dressing

### **Mediterranean Bread**

Our own bread, ripe tomatoes, onion, cucumbers, hard salami, Provolone cheese, sun-dried tomatoes & green olives, with crisp greens. All tossed in our Greek vinaigrette dressing

### **Grilled Chicken Caesar**

Crisp Romaine, grilled chicken breast, croutons and shredded Parmesan cheese. Tossed in our Caesar dressing

## **BREAKFAST SANDWICHES**

Served on your choice of fresh-baked Bagel or Twist

**Breakfast B.L.T** ..... **\$4.79\***

Bacon, lettuce, tomato & Hickory Cheddar cream cheese

**Morning Classic** ..... **3.89\***

Scrambled eggs & American cheese

**Southern Tradition** ..... **4.19\***

Sausage, bacon or ham, scrambled eggs & American cheese

**Northern Omelet** ..... **4.59\***

Sausage, American cheese & scrambled eggs  
with tomato & green pepper

**Just Veggie Omelet** ..... **3.99\***

Scrambled eggs, green pepper, tomato & onion

**Lox & Cream Cheese** ..... **7.19\***

**Bagel & Cream Cheese** ..... **2.49\***

\*Additional charge for BAB's Choice bagel or Cheddar Twist

## **BAGELS & CREAM CHEESE**

**Dozen Bagels**..... **\$ 9.39\***

**Mega Deal** ..... **20.99\***

18 bagels & three 1/2 lbs. of cream cheese

**Dozen Deal** ..... **15.99\***

12 bagels & two 1/2 lbs. of cream cheese

**Mini Deal** ..... **7.99\***

6 bagels & 1/2 lb. of cream cheese

**Bagel Box** ..... **17.19\***

12 bagels, 1/2 lb. cream cheese, plates & napkins  
With a gift tag to hold your business card!

**Breakfast Box**..... **28.99\***

12 bagels, two 1/2 lbs. cream cheese, 8 Jumbo muffins in  
an easy to transport box that doubles as a serving tray

**8oz. Gourmet Cream Cheese**..... **3.99**

## **GOURMET MUFFINS**

**Jumbo Muffin** ..... **\$ 2.19**

**4 Pack** ..... **7.49**

**6 Pack** ..... **10.19**

**Dozen Mini Muffins**..... **4.99**

**3 Dozen Mini Muffin Tin** ..... **19.99**

## **CATERING**

**Boxed Lunch** \$7<sup>59</sup>

Perfect for eaters on the go!

Our lunch box conveniently includes a sandwich, chips, fruit and two Mini Muffins.

This spill-resistant package

is perfect for picnics,

school trips, business

lunches and more!

**Build Your Own Deli Sandwich Platter** \$6<sup>79</sup>

An appetizing array of halved deli sandwiches. Choose from our classic deli sandwich menu. We will personally create a fresh platter that gives your guests a selection of tasty choices all on our fresh-baked bagels, twist, or bread!

**My Favorite Platter** \$26<sup>95</sup>

Satisfy any sweet tooth with a platter full of assorted bite-sized Mini Muffins and our famous Jumbo Muffins. Great for snacking, breakfast, dessert or any occasion!

**Bit-O' Bagel** \$29<sup>95</sup>

Guests will love sampling

bite-sized bits of bagels and three

selections of specialty-blended

cream cheese. You choose the

varieties and we will do the rest!

**Coffee To Go Box** \$14<sup>19</sup>

Disposable box holds drinks hot or cold for over 2

hours, holds (6) 16 oz. servings.

## **BEVERAGES**

**Our complete beverage menu includes hand-roasted Brewster's® Coffee, a variety of specialty coffee & espresso drinks, refreshing smoothies & soft drinks.**

## **HOURS**

**Monday - Friday:**

**6am - 4pm**

**Saturday & Sunday:**

**6:30am - 3pm**

## **ADDRESS**

**20665 Rustic Dr.**

**Castro Valley, CA**

**510-538-2243**

**fax: 510-538-2253**

**bigapplebagels.com**

**/castrovalley**

## **COMMENTS & INQUIRIES**

Your comments are always welcome.

Just call our franchise headquarters at

BAB, Inc. (OTCBB: BABB.OB) 847-948-7520,

visit our website at [www.babcorp.com](http://www.babcorp.com),

or drop us a note at 500 Lake Cook Road,

Suite 475, Deerfield, IL 60015.